

Manual Handling of Objects

Employers have a legal duty to assess risks arising from manual handling activities.

Managers and Supervisors who are carrying out risk assessments need to have the necessary knowledge and skills.

Whilst handlers need to know how to understand a risk assessment and apply it to their lifting activities.

This qualification ensures that attendees have the

necessary depth of understanding to enable them to follow a risk assessment and handle objects with the correct lifting and handling techniques, preventing injury to themselves and others.



Target

This course is suitable for supervisors and general workers who are loading or moving materials around the workplace.

This is a one day course, and CITB registered companies can claim funding towards the cost.

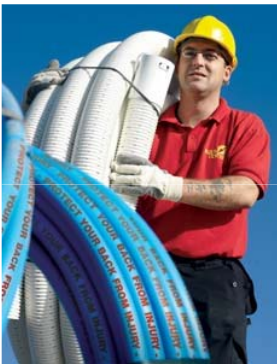
Certification

The course material is evaluated by means of a quiz and observation work.



Location

- ✓ At SHE Knows offices or
- ✓ At your place of work



Other courses

The moving and handling of people course is a separate days training designed for the care sector.

- ✓ Lifting people from chairs, floors and into bed, baths etc.
- ✓ Use of hoists
- ✓ People skills
- ✓ Understanding care plans and their manual handling implications

For details of availability or to enrol; please contact

**Shaun or Julia on telephone:
0845 370 3727**

Location

- ✓ Delivered in-house or at SHE Knows Ltd
- ✓ Goulton St (Hull)
- ✓ King Edwards St (Grimsby)
- ✓ Catch (Immingham)

Course Structure

- ✓ Legislation
- ✓ Principles of risk assessment
- ✓ Prioritising risk
- ✓ Handling techniques
- ✓ Human biology
- ✓ Documentation
- ✓ Equipment to assist
- ✓ Sources of information