

Manual Handling & Risk Assessing Train the Trainer Course

Manual Handling occurs as a part of many work activities and with productivity demands also increasing in many sectors, these jobs hold the potential for musculo-skeletal disorders. This course trains delegates to design and deliver effective handling training. It also enables trainers to understand

when training may not be a suitable risk control measure. By having competent in-house trainers with local knowledge of the operations undertaken, organisations will be able to provide training that is relevant to local manual handling risks. Since these trainers will also be able to account for wide variances in day to day operational conditions and changing work patterns, organisations can also ensure a continual capability to modify handling training to meet evolving needs.



Aims

To provide delegates with:

- ✓ a practical understanding of the risk assessment process
- ✓ a practical understanding of where training fits into the risk management programme
- ✓ the ability to develop and deliver training appropriate to the organisation's risks and needs

Location

- ✓ Delivered over 5 days - in-house or at SHE Knows Ltd
- ✓ Goulton St (Hull)
- ✓ King Edwards St (Grimsby)
- ✓ Catch (Immingham)

Learning objectives

Delegates will be able to:

- ✓ Demonstrate a knowledge of anatomy and the causes of injury
- ✓ Apply the principles of safe handling.
- ✓ Deliver appropriate risk based training within their own organisations

Certification

The course material is evaluated by means of a quiz and observation work.

This is a three day course, and CITB registered companies can claim funding towards

Other Courses

The moving and handling of people course is a separate days training designed for the care sector.

- ✓ Lifting people from chairs, floors and into bed, baths etc.
- ✓ Use of hoists
- ✓ People skills
- ✓ Understanding care plans and their manual handling implications



Target

Manual handling training is a line management responsibility. Manual handling trainers may be line managers themselves or may be those appointed to carry out the training on line manager's behalf.

Delegates must be familiar with the handling problems faced by those to be trained and be either experienced trainers or able to speak to groups of staff. The training of in-depth presentation skills are not part of the course.

Course Structure

Day 1 – Risk Assessment
Day 2 – Handling principals & practice
Day 3 – Practical and exam