

First Aid at Work Course – 3 Day

A person who has been designated as a First Aider at work has to have training by a trainer licensed by the HSE. You may need more trained staff to cover this years holiday period or have a need to train new staff within the company. Let SHE Knows, Health and Safety assist you with your company training.

All employers in the UK have a legal obligation to make First Aid provision for their employees, SHE Knows, Health and Safety can provide the peace of mind that only comes with knowing you have fully competent members of staff.



- ✓ This Certificated first aid course is specifically designed for persons needing first aid skills as a trained first aider.
- ✓ End of course assessment.
- ✓ Delivered over 3 days by
- ✓ HSE approved tutors.
- ✓ Venue in house or at SHE Knows Ltd
- ✓ Goulton St (Hull)
- ✓ King Edward St (Grimsby)
- ✓ Catch (Immingham)

This course is licensed by the HSE and enables your company to fulfil the requirements under the Health and Safety (First Aid) Regulations 1981, and supply a competent person as required by the Management of Health and Safety Regulations 1999.

Course Learning Outcomes:

Principals of First Aid
Rescue Breaths
Burns & Scalds
Bleeding & Bandaging
Recovery Position
Epilepsy
Heart Attack



Signs & Symptoms
CPR
Poisoning
Collapse
Choking
Asthma
Record Keeping

For further enquiries or available dates please contact:

Shaun or Ray on 0845 370 3727