

Confined Space Training

This in-house course is designed around the principal U.K. safety legislation relevant for confined space entry work. It covers the requirements demanded under the Confined Spaces Regulations and is delivered over 2 days.

Target

The programme is suitable for Safety Managers, supervisors, permit issuers & operatives.

Day one is theory based, and day two involves confined space entry with the use of BA kit or an escape set – depending on your company requirements.



Certification

An in-house competence certificate is awarded.

Location

At SHE Knows offices, Goulton St, Hull.

PPE will be supplied if you request on registration.

Modules

Theory Session, day one.

- ✓ Legislative requirements - Including the requirement under the Confined Spaces Regulations to find a reasonably practicable method of carrying out the work otherwise.
- ✓ Identifying the requirements for atmosphere monitoring. Including advantages, disadvantages and limitations of gas monitoring equipment.
- ✓ Understanding of the term %LEL, equating this to quantities of known flammable gases in the atmosphere.
- ✓ Requirements and methods for carrying out successful ventilation.
- ✓ Safe systems of work. - The relationship between risk assessments, method statements and permits to work.

Practical Session, day two.

- ✓ Use of escape oxygen sets
- ✓ Use of harness, winch etc.
- ✓ Team completes their own permit to work and rescue plan which is 'issued' and 'accepted'.
- ✓ Gas testing.
- ✓ Confined space entry with an emergency occurring, resulting in implementing your rescue plan.

Cost

Price per head or trainer day rate optional for groups.

Optional cost to accredit the course with OCR, as a "working Safely" NVQ Unit. This involves a further 2 days in the workplace, ensuring skills learnt are put into practice.

To request for further details from the trainer, contact
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