

6 Hour Appointed Persons First Aid Course

Whether you need more appointed people to cover for sickness and holidays or you have staff or volunteers who would like the opportunity to learn something which could save their lives or that of a colleague, client, family or friends.

SHE Knows, Health and Safety can provide the peace of mind that only comes with knowing you have fully competent members of staff.



- ✓ This Certificated first aid course is specifically designed for persons needing practical basic first aid skills.
- ✓ No exam, continuous assessment.
- ✓ Delivered in 1 day or 2 half days
- ✓ Delivered at our premises
- ✓ Goulton St (Hull)
- ✓ King Edward St (Grimsby)
- ✓ Catch (Immingham)
- ✓ HSE approved tutors.

This course covers over and above the HSE approved course content for the Appointed Persons Course; it aims at the best practice standard of teaching **Basic Emergency First Aid** and assesses the competence of the learners.

Course Learning Outcomes:

Principals of First Aid
Rescue Breaths
Burns
Bleeding & Bandaging
Recovery Position
Epilepsy

Signs & Symptoms
CPR
Poisoning
Collapse
Choking
Asthma



For further enquiries or available dates please contact:

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